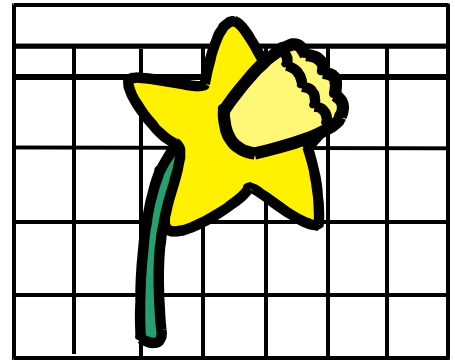


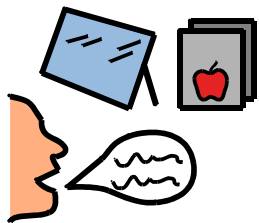


South Manchester
Down's Syndrome Support Group
Fulfilling Potential



March 2011

phone: 07593 542 107, email: contact@dsmanchester.org.uk website: dsmanchester.org.uk



March 26 Chatterbox Club Heaton Moor Evangelical church, Green Lane, Heaton Moor SK4 3LH. Our monthly SaLT sessions combined with play, a chance to meet other families, sing and sign and craft activities.

Teachers and TAs welcome - the activities modelled in these sessions are suitable to be used in educational settings. **Even if your child is not enrolled for SaLT sessions, your family is very welcome to come along for coffee, chat and sing and sign—just pop a donation in the box at the kitchen counter. Sing and sign sessions: over 5's 10.05-10.35, under 5's 10.45-11.15**

Awareness week Monday 21st - 27th March 2011

Get Together to Get Going—Fighting the cuts

So much has been achieved by people with Down's syndrome and their families over the last 40 years. The Down's Syndrome Association has fought hard and long for improvements in equality of access to healthcare, the right to an inclusive education, improvements in the quality of life for people with Down's syndrome along with equality of access to society for people with Down's syndrome. We have seen a growing acceptance of people with Down's syndrome within their communities and we do not believe that these hard won improvements should be taken away but we know that tough times are coming. You may feel a little overwhelmed by the all the news of cuts. The DSA believes that you can have some influence over what happens next by engaging with your local authority now. They have put together this simple tool kit to help you take action at a local level:

<http://www.downs-syndrome.org.uk/news-and-media/awareness-week-2011/get-together-to-get-going.html>

Challenging the cuts: A guide to judicial review. It is important to understand the basis on which individuals can legally challenge decisions that affect them:

<http://www.guardian.co.uk/law/2011/feb/28/cutsandclosures-public-sector-cuts>

Funding News Huge thanks to:

Howdens Joinery who have donated £500 to Chatterbox and to Andi Callen for organising this donation. **Stockport Carnival Committee** for their donation of £200 and to Jo Stevenson for organising this donation

Fundraising Evening South West Manchester Cricket Club's final fundraising event for us as charity of the year - the **president's evening, Saturday March 19 8pm** raffle, karaoke, sandwiches. Ellesmere Rd, Chorlton, Manchester M21 0SG.

Special Educational Needs and Disability green paper- DSA Response

The Down's Syndrome Association will be working over the next few months on this consultation report. They are currently reading the report and preparing a synopsis which will be available by Friday 18th March. If, in the meantime, you would like to read the full consultation please follow this link - SEN Greenpaper.

<http://www.official-documents.gov.uk/document/cm80/8027/8027.pdf>

The consultation process is due for completion 30/06/2011

For information about current or completed DSA consultation responses, please go to:

<http://www.downs-syndrome.org.uk/news-and-media/policy/consultation-responses/2011.html>

Transition—A Guide for parents and carers This guide from Mencap offers advice and information for parents and carers about the transition process - how to survive it and how to make sure you are able to make successful and positive plans for the future. There are links to other useful organisations and websites, as well as advice and tips from parents who have already been through the transition process.

<http://www.mencap.org.uk/document.asp?id=12674>

IPSEA At this time of year IPSEA gets many calls from parents who have just received the amended statement naming the secondary school their child will attend in September. If you are unhappy with the school named in your child's amended statement the following information should be of use.

<http://www.ipsea.org.uk/AssetLibrary/Downloadable%20documents/Support%20sheet-appealing%20secondary%20transfer%20statements-cg-comments.pdf>

Excellent & free downloadable resources from Adult Down Syndrome Centre of Lutheran General Hospital <http://www.advocatehealth.com/luth/body.cfm?id=148>

Carer's assessments Carers have a legal right to an assessment of their needs. If you provide regular, unpaid care for your son or daughter, you may be entitled to a carer's assessment. <http://snipurl.com/2609w5>

Symposium

March 16th 11 - 3.30pm - Debates in disability studies Symposium II: Parenting disabled children New Lecture Theatre, Gaskell Campus, Manchester Metropolitan University, speakers include Chrissie Rogers (Anglia Ruskin University), Sarah Ryan (Oxford University) and Katherine Runswick-Cole (Manchester Metropolitan University). Second in a series of events reflecting on some of the current theoretical and political debates facing disability studies in the UK. It is free to attend and will be of interest to undergraduate and postgraduate students, researchers of disability studies and related subjects and disability activists. **To register your attendance please email k.runswick-cole@mmu.ac.uk**

Speech and Language Therapy News and Information

Speech and language therapy for children with Down syndrome

Sue Buckley and Patricia Le Prèvoist *Down Syndrome News and Update*. 2002;2(2);70-76.

The provision of speech and language therapy services for children with Down syndrome is a controversial issue. Families receive different services depending on where they live and the knowledge and interest of local speech and language therapists in the specific needs of children with Down syndrome. This article is an attempt to provide guidelines for speech and language therapists, based on the best evidence of the children's speech and language needs currently available. It is a summary of the key facts about their speech and language profile and needs, followed by recommendations for service provision.

<http://www.down-syndrome.org/practice/171/>

Information from DSA conference October 2010 People with Down's syndrome experience specific challenges in developing speech, language and communication skills over and above any language delay associated with learning disability and hearing loss. The critical period for language input is up to 7 years of age but learning continues through adolescence extending into adulthood—it's never too late to get started. People who have Down's syndrome can continue to develop their skills in communicating and reading throughout childhood and adulthood so they should not be discharged from services that provide this support. Since speech and language skills are central to the development of mental abilities such as thinking, reasoning and remembering as well as to social inclusion, it is essential that speech and language is a focus for parents, teachers and therapists from infancy through to adult life. All people with Down's syndrome are likely to require speech and language therapy and SaLT activities can begin from 6 months of age. Speech and language therapists who work with our children should have specialist training and undertake continuing professional development. They need to be skilled in auditory discrimination, oral-motor function and speech work as well as language work. The Down's Syndrome Association's National Strategy for Speech, Language and Communication 2005-2010, along with "How much is enough? Speech and language therapy for children with Down's syndrome," "Speech, Language and Communication for children with Down's syndrome - Top 20 Questions" and other SaLT publications can be found at:

<http://www.downs-syndrome.org.uk/resources/publications/speech-and-language.html>

3 DAY COURSE FOR SPEECH AND LANGUAGE THERAPISTS This course has been established with Symbol UK Ltd, speech and language advisors to the DSA, to improve the knowledge, skills and expertise of speech and language therapists working with people who have Down's syndrome. 2nd to 4th November 2011

Guidance on quality standards for local authorities and schools as commissioners of speech and language therapy services in the UK This document aims to set guidelines and quality standards for speech and language therapy services commissioned by schools/local authorities so they can ensure they have an appropriate, effective and safe service from whichever provider they choose to commission. It should be read in conjunction with other RCSLT publications. It has been compiled by speech and language therapists working in the NHS and independently who have experience in working in a wide

variety of educational settings, and from standards developed by the RCSLT and the regulatory body, the Health Professions Council. The relevant standards and guidance can be found in the boxes at the end of each section. There is a longstanding culture of schools employing SLTs which has been drawn on to write the guidance.

http://www.rcslt.org/docs/quality_standards_schools_2011

HELLO campaign The 2011 national year of communication, is a campaign to increase understanding of how important it is for children and young people to develop good communication skills. The ability to communicate - to say what you want to say and to understand what other people are saying - is fundamental. Speech, language and communication underpins everything we do in life. Hello aims to make communication for all children and young people a priority in homes and schools across the UK so that they can live life to the full. See: <http://www.hello.org.uk/> Through this website you will find out about the monthly themes devised for the year, free resources to help support children's communication development and find out about events that are happening in your area.

The Giving Voice campaign aims to demonstrate how speech and language therapy makes a difference to people with speech, language and communication needs, their families, and wider society. It aims to show what speech and language therapy is and the positive impact it has. Giving Voice will also demonstrate that this unique and vital service is cost-effective and value for money. Over the coming months, it will be encouraging you to come forward with your own stories to help explain the essential work speech and language therapists do and their impact on the lives of those they help.

<http://www.givingvoiceuk.org/>

Communication Skills For Life

Getting Children with Down syndrome to Answer Questions:

Part I Asking the right questions:

<http://communicationskillsforlife.wordpress.com/2011/02/10/getting-children-with-down-syndrome-to-answer-questions-part-i-asking-the-right-questions/>

Part 2 Being a Good Role Model: [http://](http://communicationskillsforlife.wordpress.com/2011/03/03/getting-children-with-down-syndrome-to-answer-questions-part-2-being-a-good-role-model/)

communicationskillsforlife.wordpress.com/2011/03/03/getting-children-with-down-syndrome-to-answer-questions-part-2-being-a-good-role-model/

Events/Activities/Groups

Saturday club at the donkeys* March 19-for children with additional needs and their families. Rides are booked in as you arrive between 10am and 1pm. Relax over a cup of tea/coffee, bring a picnic or have a snack and meet other parents, carers and supporters. Closes at 3.00 pm. At EST Donkey sanctuary Manchester, Green Fold Abbey Hey Manchester M18 8RJ, Tel 0161 301 4051 for details

www.elisabethsvendsentrust.org.uk/view/manchester.

Bamboo* parent support group. Every Friday, 12.30—2.30, Burnage Children's centre, Broadhill Rd. For parents of children with additional needs. For details, please call Nicki Mansfield (07815 675581), Sam Stout (07791 114179) or Sam Emblow (07948 961049).

Sensational! Free multi-sensory art workshops at Manchester Art Gallery especially designed for families with disabled children aged March 18-26*

see http://www.picturesforpressmailouts.co.uk/nl/mag/20110309_fam032/

Or attached flyer

Friendship Club Friday March 18 Ten Pin Bowling Parrs Wood 6pm*

£3 per child for 2 games, including child's meal. Must be pre-booked by March 11.

Contact **Caroline Sheehan on 0161 925 6153.**

Manchester Pre-school special needs groups* Stay and play sessions for young children with disabilities are held throughout the city by the Pre-School Special Needs Service (PSSN). **Venues, dates and times:**

Benchill Sure Start Children's Centre 22 Lyndene Road Thursday 1.00-2.30pm, 15th July, 29th July. And every 2 weeks thereafter.

Didsbury Park Sure Start Children Centre, Wilmslow Road. Every first Monday of the Month 1.00-2.30pm 6th September, 4th October.

Longsight Sure Start Children's Centre, 1a Farrer Road, Longsight. Every last Friday of the month, 1pm-3pm.

Rusholme Sure Start Children's Centre, Great Western Street, Rusholme. Every first Friday of the month 1.30pm-2.30pm

Moston Children's centre Adrian Street Nr Lightbowne Road Moston M40 5EA, every 4th Monday at 1.30 - 2.30pm

Cheetham New group for parents who have children with DS under 5 yrs old, Woodville children's Centre, Shirley Rd, Cheetham M8 7NE.

For more information about any of these groups contact the Pre-school Special Needs Service on 0161 274 6377.

At Seashell Trust Stanley Road, Cheadle Hulme, Cheshire SK8 6RQ*

CADS swimming development team runs lessons for all ages and abilities. Both group sessions and one to one sessions are available and also parent and baby sessions in the hydro-therapy pool. Please contact Wendy McNeil 0161 610 0159
wendy.mcneil@seashelltrust.org.uk

CADS dance and drama session run by the Y dn't U dance group at the Seashell Trust. The cost of the sessions are £3.00 per child and they run **every Saturday in term time**. 10-11.30am Aged 4-11yrs and 11.45 -1.00pm ages 11+yrs. All abilities welcome. For more information please call 07960 279074 or 07966 559164

CADS Fitness Club Every Thursday during term time, £1.50 per session, £10 per term. 13-17 years 6-6.45pm, 18-25 years, 7-7.45pm. Contact Heather Potter on: 0161 610 0121 or email: heather.potter@seashelltrust.org.uk

Easter CADS 18-21 April*—for details contact Gemma Castle on 0161 610 0122
gemma.castle@seashelltrust.org.uk

Seashell Swim Intensive Swimming Course May30-June 3*—for details contact Wendy McNeil 0161 610 0159 wendy.mcneil@seashelltrust.org.uk

Walthew House youth club*

112 Shaw Heath Stockport SK2 6QS Tel/fax: 0161 480 2612

admin.walthewhouse@ntlbusiness.com

www.walthewhouse.org.uk

Runs on Friday evenings during term time from 6pm to 7.30pm and is open to young people with a sensory loss aged between 5 and 14. All sessions are in sign and voice and all activities tailored to needs of the children with sight and/or hearing loss. The club started last summer and has around 12 regular members, with numbers growing steadily. The club is run by June Battye, who is a qualified youth worker supported by volunteers, some of whom have signing skills. June is deaf and a sign language user with good voice, so she signs and speaks to the children. Activities so far have included a trip to the pantomime, a fire work party, cooking and baking, craft, games nights etc.

Education, early years and SEN show 8 & 9 April 2011 Manchester Central*

TES Education North, incorporating Early Years and Primary Teaching Manchester and Special Needs North. Ideas, educational resources and CPD seminars for early years, primary and secondary educators. For more details, visit:

<http://www.teachingexhibitions.co.uk/Exhibitions/TES+Teaching+Exhibition/North/2011/>

Other support groups around Greater Manchester*

Tameside and Glossop Down's syndrome support group

Contact: Vicky on 07792827899 or email victoriamassey@hotmail.com.

Bury Down's Syndrome Support Group

Meetings are held on the last Tuesday of the month (Term time only) from 1-3 pm at Redvales Children's centre, Bury. Contact Sheila, email she.swarb@tesco.net mobile: 07729179201 or Jackie on 07796 765361. Website: dsbury.org.uk

Bolton Smiley Faces Contact Judith Smethhurst 01204 382954

Cheshire Down's syndrome support group www.cheshiredownssyndrome.com

Down's Syndrome Family & Carer's Group, Lancaster

Liz Fawcett lancasterdsgroup@hotmail.co.uk or 01524 64132. Meetings every 1st Saturday in the Month at Appletree Children's Centre, Milking Stile Lane, Lancaster LA1 5QB

West Pennine Down's syndrome support group- new details

Family Support and All- Age Play Group NOW meeting every Second SATURDAY of the month 1.00pm to 4.00pm Stanley Road Children's Centre Chadderton Oldham OL9 7HX Cake, Coffee and Chat, New Resource Lending Library (Open 1.00pm -2.00pm), Sticky Fingers Creative Play, Sing & Sign, Wii Fun, Table Tennis & Table Football, Sand Play and Toy Play Ball Games and Lots of other Family Fun-filled Activities.

Further details: DSWESTPENNINE Down's Syndrome Family Support Group

www.dswestpennine.co.uk dswestpennine@hotmail.co.uk General Enquiries:

Tel: 07842555725 New Parent Helpline: Tel: 07842534819.

***Please note: not run by the South Manchester Down Syndrome Support Group. For information only—we are not responsible for changes to date, time or venue. Please use the contact information supplied to confirm details and to ask any questions.**

Training/Advice

Ask The Experts - Questions on: Supporting pupils with Down's syndrome in inclusive settings <http://inclusion.ngfl.gov.uk/index.php?incQATopicId=6&i=234&p=1>

From DownsEd International

Training At £20 per session, web seminars offer a cost effective training solution for families and professionals. Delivered by expert practitioners and researchers, the online seminars and web courses cover all aspects of development and education for children with Down syndrome from birth to teenage years. The seminars provide detailed information and advice, tips and techniques to help families, teachers and therapists provide effective support for learning and development. <http://www.dseinternational.org/en/gb/online/webinars/>

Research updates Recordings of presentations covering: improving working memory skills, the links between signing and speaking, developing and evaluating classroom reading and language intervention and the co-diagnosis of autism and Down syndrome, **All available FREE by visiting** <https://dsemeetings.webex.com/mw0306lc/mywebex/default.do?siteurl=dsemeetings&service=6> go to event recordings on the left.

Consulting DownsEd now offer direct support and training over an internet connection and/or telephone call. Individual teleconsultations last 30 minutes or more and cover guidance for preschool and school aged children in the areas of cognitive development, numeracy, accessing the curriculum and support for learning. www.downsed.org/consulting

See and Learn DownsEd would love to receive feedback on their See & Learn service. There is an online survey available at <http://surveys.downsed.org/seeandlearn2010.aspx>. Or by email on the address feedback@seeandlearnr.org

Publications Articles from their scientific journal Down Syndrome Research and Practice are now available to download. Visit www.down-syndrome.org/research-practice/

At the DSA

For further details and to book, please contact Lesley Alabaf on 0845 230 0372 or email lesley.alabaf@downs-syndrome.org.uk

EARLY YEARS

FAMILY WEEKEND A full weekend allowing families (with children under the age of 2) to spend time with other families in a warm and positive environment. 2 days of information and advice for parents with full crèche facilities and DSA advisors on hand.

The weekend will be held at Ribby Hall, Preston. 6-8 May 2011

WE'VE ONLY JUST BEGUN A day for parents and professionals focusing on the needs of children aged 0-2 years. Saturday, 24th September 2011.

COMMUNICATION/SPEECH AND LANGUAGE

WE'RE ALL IN THIS TOGETHER A day for families and professionals supporting children with Down's syndrome aged 2-11years to develop their communication skills.

Wednesday, 5th October 2011

COMMUNICATION FOR LIFE A day for families and professionals supporting children and young people with Down's syndrome aged from 9 to young adulthood to develop their communication skills. Thursday, 6th October 2011

3 DAY COURSE FOR SPEECH AND LANGUAGE THERAPISTS

This course has been established with Symbol UK Ltd, speech and language advisors to the DSA, to improve the knowledge, skills and expertise of speech and language therapists working with people who have Down's syndrome. 2nd to 4th November 2011

EATING AND DRINKING

A day for parents and professionals supporting children with Down's syndrome in developing happy, healthy eating and drinking. Friday, 25th November 2011

EDUCATION

EARLY YEARS FUN

A day for families and professionals supporting children with Down's syndrome in Early Years education. Thursday, 12 May 2011

PRIMARY TIMES

A day for families and professionals supporting children with Down's syndrome at Primary school. Wednesday, 15th June 2011 & Wednesday, 12th October 2011

SECONDARY LIFE

A day for families and professionals supporting young people with Down's syndrome at secondary school. Wednesday, 22nd June 2011 & Thursday, 17th November 2011

ACCESS AND SUCCESS

A hands-on day for families and education professionals exploring curriculum access and positive behaviour for children and young people with Down's syndrome. Wednesday, 28th September 2011

YOU, YOUR CHILD AND THE WONDERFUL WORLD OF STATEMENTS AND EDUCATION LAW A day for families and professionals around how to navigate your way around the education system with a focus on the statementing process. Thursday, 13th October 2011

Dual Diagnosis—ASD/DS Here is a list of electronic resources about dual diagnosis ASD/DS held by DSA's Info Team. If you would like an email with of these resources, please contact Stuart Mills at the DSA: stuart.mills@downs-syndrome.org.uk

Communication Skills In Children With Down Syndrome And Autism (PPT Presentation, DSA Indiana, 2008) Down Syndrome And Autism Spectrum Disorders - Medical Perspective (PPT Presentation, DSA Indiana, 2008)

Practical Solutions - Behavioural Strategies in Children with Down syndrome and an Autism Spectrum Disorder (PPT Presentation, DSA Indiana, 2008)

Practical strategies for working with individuals with Down syndrome and autism spectrum disorders - Barbara T. Doyle (Clinical Consultant) (2008) (ppt presentation)

Down syndrome and autism spectrum disorder - Dr Catherine Marraffa (Deputy Director, Developmental Medicine Royal Children's Hospital, Melbourne) (2009)

Educational implications of dual diagnosis - autism and Down's syndrome - Stephanie Lorenz (2004)

Sex and Relationships Education For Learners With A Dual Diagnosis of Down's Syndrome and Autism - Fiona Speirs (ppt presentation)

Down syndrome - perspective on dual diagnosis - Dr George Capone (2009) (ppt presentation)

Supporting Children with Down's Syndrome and Autism in schools - Mike Collins (late Head of Education Services, National Autistic Society) (2006) (ppt presentation)

Review - autism spectrum disorders in Down syndrome: A review - Colin Reilly (2009)

Autism and Downs syndrome - The importance of dual diagnosis - DSA Victoria (2007)

Down syndrome - autistic spectrum disorder - more than Down syndrome: a parent's view - Disability Solutions (1999)

Autism and Downs syndrome - The importance of dual diagnosis - DSA Victoria (2007)

Down syndrome - autistic spectrum disorder - more than Down syndrome: a parent's view - Disability Solutions (1999)

Down syndrome and autism - DS NSW (2009)

Down syndrome and autism - DSA Greater Cincinnati (2008)

Down syndrome and autism spectrum disorders: a dual diagnosis by Sietske Heyn (2008)

Dual Diagnosis: Down's syndrome and Autism Spectrum Disorder - A Review of the Literature - Erin L. Evans (Consultant Intern Psychologist, Disability Services Australia: Specialist Intervention Services)

Not 'Typical' Down Syndrome Behavior : Understanding Down Syndrome and Autism - Joan Guthrie Medlen (2005)

Learning through doing - Joan Guthrie Medlen (2005)

Autism - Brian Chicoine & Dennis McGuire (taken from 'Mental wellness in adults with Down syndrome') (2006)

Dual Diagnosis Down - Syndrome and Autistic Spectrum disorder - NZ DSA (2004)

Creating support for families of children with Down syndrome with a co-diagnosis: A survey - Joan Guthrie Medlen (Published in Down Syndrome Research and Practice, 2008.)

Dual Diagnosis - Amanda McFadden - DSAQ - Summer 2010

Behavioural Treatments for Sleep Problems in Individuals with DS-ASD (PPT Presentation) - Terry Katz, Uni Of Colorado - Oct 2010

Down Syndrome & Autism (PPT Presentation) - Susan Hepburn & Deborah Fidler -Uni Of Colorado - Oct 2010

Education & Intervention For Children With Down Syndrome & ASD - Susan Hepburn & Deborah Fidler -Uni Of Colorado - Oct 2010

The Genetics Of Autism & Down Syndrome - Ellen Roy Elias - Children's Hospital Denver - Oct 2010

If you know of any training, events or information that may be of interest to other parents or professionals who work with our children, please let us have details for the newsletter: contact@dsmanchester.org.uk

Dates for your diary

CADS Saturday club	Saturdays
Manchester Art Galleries	March 18-26
Friendship Club Friday	March 18
Saturday Club at the donkeys	March 19
Seashell Swimming	Saturdays
Bamboo	Fridays
Chatterbox Club	March 26



The views and items in this newsletter are not necessarily those of the South Manchester Down's Syndrome Support Group. Mention does not necessarily mean recommendation or support.



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March2011

